

Welcome to the Switch Leader Tracker!



The Switch Leader Tracker has been created to specifically help you monitor your confidence in the self-beliefs that underpin your leadership competencies. By tracking your confidence over a period of time (in this case for 5 days over the Challenge), you will be able to gain greater insight into the STRENGTH of your confidence in each self-belief. At the end of the Challenge you will be able to reflect on your overall scores and determine what actions you will want to take going forward. Your fillable Leader Tracker is on page 2 and instructions are below – we have also outlined our intention for you. So it's time to start leading! Happy thriving!

Cassie and Richard | Co-Founders

Cassie and Richard's Intention for You...

To become more aware of your self-beliefs which will further develop your ability to reflect on and better manage your leadership competencies. This will help you develop into a more effective leader in your own life as well as in your interactions with your colleagues, friends and family.

Step by Step Instructions for Completing the Leader Tracker (which is on page 2)...

 Step 1	<p>Preparation: Choose ONE Competency from the following list to focus on this week and write it above the Leader Tracker:</p> <ul style="list-style-type: none"> • Self-Confidence • Personal Agency • Living Values 																				
 Step 2	<p>Preparation: From the List below, enter the four beliefs linked to the Competency that you chose in Step One into your fillable Leader Tracker.</p> <p>Self-confidence I had mastered the skills I needed to be a successful leader I was self-assured about my capabilities to be an effective leader I was confident in my ability to perform well as a leader I trusted my ability to be a valuable leader</p> <p>Personal Agency I had considerable opportunity for freedom in my role as a leader I had a great deal of control in my role as a leader I had significant autonomy in how I executed my leadership responsibilities I had significant influence over my day to day environment</p> <p>Living Values I found it easy to lead with my heart as well as my head I found my work personally meaningful I looked forward to all parts of my workday I had the courage to be myself at work</p>																				
 Step 3	<p>Part A: Practice Tracking Your Beliefs: Day 1 Think about your day at work YESTERDAY. Write down a score from a minimum of 0 (Not confident at all) to a maximum of 10 (Highly confident) in the Day 1 (PRACTICE) column for each of the four self-beliefs.</p> <p>Part B: Tracking Your Beliefs for Days 2–6 Each day after work think about the leadership activities you undertook at work. How confident did you feel about each of the belief statements you've chosen? Rate your degree of confidence on a scale from 0 (Not confident at all) to a maximum of 10 (Highly confident) using the Belief Rating Scale Process below. Enter your answer in the Leader Tracker each day.</p> <table border="0" style="width: 100%; text-align: center;"> <tr> <td style="width: 10%;">1</td> <td style="width: 10%;">2</td> <td style="width: 10%;">3</td> <td style="width: 10%;">4</td> <td style="width: 10%;">5</td> <td style="width: 10%;">6</td> <td style="width: 10%;">7</td> <td style="width: 10%;">8</td> <td style="width: 10%;">9</td> <td style="width: 10%;">10</td> </tr> <tr> <td colspan="3">Not confident at all</td> <td colspan="4">Moderately confident</td> <td colspan="3">Highly confident</td> </tr> </table>	1	2	3	4	5	6	7	8	9	10	Not confident at all			Moderately confident				Highly confident		
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Not confident at all			Moderately confident				Highly confident														
 Step 4	<p>Compute: On Day 7, add up your scores for each of the leadership activities. (Please exclude Day 1 – your Practice Day). There is also a space for you to fill out your KEY Leadership Insights from the Week, as well as the ONE Action Step that you will take after you have reflected on your results and learnings from the Challenge.</p>																				
 Step 5	<p>Interpret Your Results: We will give you a link to our Tracker Report to help you interpret your scores. You will also have an opportunity to join us in a LIVE debrief session. Keep your eyes open for our invitation email!</p>																				

If you have any questions, feel free to email us at support@switcheducation.com

Follow these easy steps... (please refer to the explanation at the start of this document)

Step 1	Step 2	Step 3	Step 4	Step 5
<p>CHOOSE the ONE competency you wish to focus on</p>	<p>ENTER the FOUR beliefs that link to that competency</p>	<p>TRACK your beliefs using our rating scale. ENTER your result each day</p>	<p>ADD up your belief scores + find your TOTAL</p>	<p>CHECK OUT what your results mean + WATCH your self-awareness grow</p>

Please state Your Intention for the Week here...

My ONE Leadership Competency Focus for this week...

Beliefs to track	Day 1 Practice	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
		START				END	Total
1							
2							
3							
4							

On reflection... what now?

My KEY Leadership Insights learned each day...

My ONE Action Step to take moving forward...